

LIFE DREAMS

A UNIQUE FINNISH-GERMAN
CULTURE FESTIVAL
BY THE SEA
AUGUST 05 - 09, 2026

WEDNESDAY 5.8. | 20-22h | SATAMA HOUSE, BRUNNSGATAN 3A3

Reception Night

Get-together with Finnish catering from the local EKTA Bryggeri and wine from the German Embassy in Helsinki in honour of our guests and cooperation partners.

optional: THURSDAY 6.8. | 9-10h | meeting point: SATAMA HOUSE

Morning swim at Ramsholmen nature beach

Please bring swimwear and towel, changing cabins available on site, a bicycle is required for the 10 minute drive to the beach (prebooked via Motel Marine or public rental station).

THURSDAY 6.8. | 11-12.30h | GARDEN OF VILLA SKEPPET, SNÄCKSUNDSVÄGEN 8

Göran Schildt - In the wake of a wish:

A matinee with Henrik Knif and Jennifer Dahlbäck (public event)

Join us for a morning in cooperation with our Finnish partners - Villa Skeppet and the Christine & Göran Schildt Foundation - dedicated to the writer Göran Schildt and his lifelong fascination with the Mediterranean. This passion connected him with the architect Alvar Aalto, who shared his love for sailing and designed Schildt's Finnish home like a ship. Cultural historian Henrik Knif, whose biography "Göran Schildt - Two Lives" is a cornerstone of Schildt research, and Jennifer Dahlbäck from the Schildt foundation shed light on Göran Schildt's literary and cosmopolitan legacy.

(Language: English)

THURSDAY 6.8. | 14-17h | PARKING LOT RESTAURANT FYREN, NORRA STRANDGATAN 12

A boat trip to Jussarö with Tarja Prüss

Finland expert, journalist and author Tarja Prüss has not only written numerous travel guides about Finland, she is also a great storyteller. She accompanies us on a boat trip to the island of Jussarö in the Ekenäs Archipelago. During an island reading with her, we gain insights into the Finnish soul, way of life and tradition.

optional: THURSDAY 6.8. | 17.30-19h | SEA BATH "STALLÖREN", STRANDALLÉN

Sauna visit - please bring swimwear and a towel

THURSDAY 6.8. | 20h | YLP!, STORA KYRKO GATAN 23

Festival dinner

optional: FRIDAY 7.8. | 9-10h | meeting point: SATAMA HOUSE

Morning swim at Ramsholmen nature beach

FRIDAY 7.8. | 11-12.30h | GARDEN OF VILLA SKEPPET

Lempi, that means love:

A matinee with Minna Rytisalo and Elina Kritzokat (public event)

The award-winning debut novel by Lapland-born author Minna Rytisalo „Lempi“ tells not only of a great love, but also of the historical ties between Finland and Germany during the Second World War. „Jenny Hill“ is her second novel that has been translated into German („Zwischen zwei Leben“). Minna Rytisalo meets her translator Elina Kritzokat who received the Finnish State Prize for Foreign Translators in 2019. (Language: Finnish-German)

optional: FRIDAY 7.8. | from 12.30h | GARDEN OF VILLA SKEPPET

Free guided tour at Villa Skeppet - group size max. 10 people

optional: FRIDAY 7.8. | 15-17h | meeting point: SATAMA HOUSE
Forest hike - please wear sturdy shoes

FRIDAY 7.8. | 18-19.30h | SIGURD SNÅRESALEN, RASEBORGSVÄGEN 8

Live Write Dream:

Wolfram Eilenberger meets Merete Mazzarella (public event)

The Finnish-Swedish award-winning writer Merete Mazzarella is a local celebrity. The author of numerous autobiographical books knows what it means when life becomes writing and writing becomes life. How can we dream up our own lives, but also the word itself, in literary form? A conversation with Merete Mazzarella and the German philosopher and bestselling author Wolfram Eilenberger. (Language: English)

FRIDAY 7.8. | 20-22h | EKTA BRYGGERI & GASTROPUB, DROTNINGGATAN 4

Festival dinner

optional: SATURDAY 8.8. | 9-10h | meeting point: SATAMA HOUSE

Morning swim at Ramsholmen nature beach

SATURDAY 8.8. | 11-12.30h | GARDEN OF VILLA SKEPPET

The course of life:

A matinee with Pirkko Saisio and Elina Kritzokat (public event)

The writer, director and actress Pirkko Saisio is considered Finland's best living author. Her autofictional trilogy was recently translated into German by Elina Kritzokat: „The lowest common denominator" („Pienin yhteinen jaettava"), „Backlight" („Vastavalo") and „The red book of farwells" („Punainen erokirja"), for which Pirkko Saisio received the prestigious Finlandia Prize. (Language: Finnish-German)

optional: SATURDAY 8.8. | from 12.30h | VILLA SKEPPET

Free guided tour at Villa Skeppet - group size max. 10 people

optional: SATURDAY 8.8. | 17-18h | CHAPPE, GUSTAV WASAS GATA 11

Free guided tour at CHAPPE Art House

SATURDAY 8.8. | 18-20h | CHAPPE

Finland's Dream:

Wolfram Eilenberger meets Henrik Meinander (public event)

Henrik Meinander is one of Finland's most important historians, a Swedish-speaking professor at the University of Helsinki and a member of the Royal Swedish Academy of Sciences. In his books, he sheds light on Finland's development in fascinating contexts. Together with the German philosopher and bestselling author Wolfram Eilenberger, he looks at the historical roots of the young Nordic democracy, Finland's accession to NATO in 2023 and its dream for the future. (Language: English)

Followed by a performance by the internationally renowned Finnish women's choir **PHILOMELA**.

SATURDAY 8.8. | 20.30-22.30h | KNIPAN, STRANDALLÉN

Festival dinner

optional: SUNDAY 9.8. | 9-10h | meeting point: SATAMA HOUSE

Morning swim at Ramsholmen nature beach

SUNDAY 9.8. | 11-13h | meeting point: SATAMA HOUSE

Brunch in a forest clearing

optional: SUNDAY 9.8. | 16-19h | meeting point: SATAMA HOUSE

Forest hike with barbecue in Tenala - please wear sturdy shoes